Program: Physical Education/Health
Major: Physical Education/Health
Degree: Bachelor of Science in Education (B.S.Ed.)

University Core (Total Listed 42-44)

- American Historical and Political Analysis .............................................. 6
  - American National Government ......................................................... 3
  - American History ............................................................................. 3
- Cultural and Language Analysis ........................................................... 3-4
  - Second Language .............................................................................. 4
  - OR
  - Cultural Analysis ............................................................................. 3
- Social and Behavioral Analysis ............................................................... 3
- Life Skills .............................................................................................. 5
  - Required Health Course .................................................................... 2
  - Elective Life Skills ............................................................................. 3

For a full list of courses see University Core.

- Courses from the major may apply to the areas marked in the University Core.

- Written and Oral Communication ........................................................ 9

Quantitative Reasoning/Scientific Method .................................................. 10-11
  - Math ................................................................................................... 3
  - Life Science ......................................................................................... 4
  - Physical Science ................................................................................. 3-4

Critical Inquiry and Aesthetic Analysis ....................................................... 6
  - Aesthetic Analysis .............................................................................. 3
  - Critical Inquiry .................................................................................. 3

Support Courses .......................................................................................... 9

Support Courses
MCOM 1113 Fundamentals of Speech
ENG 1113 English Composition
ENG 1213 English Composition and Research

Major Requirements

Physical Education/Health ................................................................. 49

Required Theory ...................................................................................... 41
  - HLTH 1112 Healthy Life Skills
  - HLTH 2113 Introduction to PK-12 Health
  - HLTH 2212 First Aid with Cardiopulmonary Resuscitation
  - HLTH 3103 Teaching PK-12 Health Concepts
  - HLTH 3223 Applied Anatomy
  - HLTH 3493 Physical Treatment of Athletic Injuries
  - PHED 2013 Introduction to Physical Education/Health
  - PHED 3023 Adapted Physical Education
  - PHED 3192 Instructional Techniques for Movement
  - PHED 3303 Physical Education in the Elementary School
  - PHED 3333 Mechanical Principles and Analysis of Movement
  - PHED 3503 Physiology of Exercise
  - PHED 3522 Fitness Applications for Physical Education
  - PHED 3533 Measurement and Evaluation of Health and Physical Education
  - PHED 4533 Motor Learning and Development

Required Activity ....................................................................................... 8
  - PHED 1402 Fitness Development and Assessment
  - PHED 1432 Techniques of Teaching Skills & Activities I
  - PHED 1462 Techniques of Teaching Skills & Activities II
  - PHED 2792 Rhythmic Movements for PK-12

Professional Education ................................................................. 28

- PTE 1010 Introduction to Teacher Education
- PTE 3023 Foundations of American Education/Clinical Exp
- PTE 3163 Developmental Psychology
- ^PHED 4303 Methods of Teaching Physical Education in Secondary Schools
- TESL 4222 Teaching EL in Grades PreK-8 OR

Electives to bring total to ................................................................. 124