

**PRE-OCCUPATIONAL THERAPY ADVISEMENT WORKSHEET 2022  
NORTHEASTERN STATE UNIVERSITY**

**University of Central Oklahoma**

Health Professions Advisor

Department of Biology

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While pursuing a degree at UCO, the following courses must be completed with a “C” or better to qualify for admissions to the Occupational Therapy Program at NSU:

**Required Courses (Check Prerequisites):**

BIO 2102	Bio & Med Terminology
BIO 2504	Human Anatomy and Laboratory
BIO 2604	Human Physiology and Laboratory, Concurrent enrollment in BIO 2604L is required.
BIO 2604L	Human Physiology Laboratory
SOC 2103	Sociology
PHY 1114	General Physics I and Lab
PHY 1114L	General Physics 1 Lab
PSY 1103	General Psychology
PSY 2833	Developmental Psychology
PSY 4753	Abnormal Psychology
STAT 2103	Intro Statistics for Sciences

**APPLICATION REQUIREMENTS:**

Admission to the program requires completion of prerequisite course work and submission of all application materials. The Department Admissions Committee will review application materials. To be considered for admission to the Occupational Therapy Program, an application must show the following (to apply: <https://apply.nsuok.edu/>):

1. A bachelor’s degree must be earned prior to enrollment in the program;
2. Be in good standing with the college or university last or currently attending;
3. Have a minimum cumulative and science grade point average of 2.75 on a 4.0 scale for all college work and nature science courses attempted.
4. Have completed all department prerequisite courses with grades of C or better. **All attempts of a course are included in the calculation of GPA.**
5. Documented 40 hours of observation experience in an occupational therapy setting prior to application;
6. Be formally admitted to NSU and the Graduate College by submitting an application and official transcripts.
7. To get started, call a facility that employs Occupational Therapists and ask if they will allow you to job shadow or contact one of the professionals identified on the OUHSC College of Allied Health Shadowing Map: <https://alliedhealth.ouhsc.edu/Prospective-Students/Job-Shadow-a-Health-Professional>
8. Submit GRE scores.
9. Submit program application to the OT Program by July 1 (Includes 2 recommendations from an OT professional, employer, or instructor/professor.)
10. 3 short essays:
  - a. Essay#1: Describe why you think OT is a good career match for you (300 words or less).
  - b. Essay#2: Discuss situations where you have exhibited leadership abilities (200 words or less).
  - c. Essay#3: Briefly discuss experience you have working or volunteering with individuals who might be recipients of OT services. (200 words or less).

## **PRE-OCCUPATIONAL THERAPY**

Occupational therapy is therapy based on performing the meaningful activities of daily life (self-care skills, education, work, or social interaction), especially to enable or enhance participation in such activities despite impairments or limitations in physical or mental functioning. Occupational therapy is for individuals of all ages to improve skills that help them perform daily tasks at home and at school, at work and at play. Occupational therapy practitioners are skilled professionals. Their education includes the study of human growth and development, with specific emphasis on their “occupations” of living. Occupational therapy practitioners are unique in that they look at the whole picture when it comes to a person’s treatment—the individual’s abilities, the task to be performed, and the environment in which the task takes place.

**Salary:** According to the Bureau of Labor Statistics, the national average salaries for Occupational Therapists is about **\$85,570**.

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**For more information about OT’s and OT programs:** <https://www.aota.org/Education-Careers/Find-School/AccreditEntryLevel/OTMasters.aspx>

**For the latest information about the NSU OT program and how to apply:** <https://apply.nsuok.edu/>

**For NSU Occupational Therapy program information and assistance with application materials, contact:**  
Master of Science in Occupational Therapy at 918-444-5216, or [ot@nsuok.edu](mailto:ot@nsuok.edu).