Progress Note

Client name: [Name]
Date: [Date]
Therapist: [Therapist's Name]
CPT Code: [CPT Code]

Identifying Information: Who the client is (demographics), presenting problem

Relevant History: Session number, what happened between previous session and this one (homework, relevant events), what occurred during session

Medications: Any psychotropic meds or meds for illness that can cause psych symptoms

Examination: Behavioral observations during session, SI/HI reports

Assessment: Any formal measure data and mini-case formulation

Diagnosis: DSM-5 diagnoses with codes

Treatment Plan: Homework given, what will occur next session