

Program: **Physical Education/Health**
 Major: **Physical Education/Health**
 Degree: **Bachelor of Science in Education (B.S.Ed.)**

Dept: **Kinesiology and Health Studies**
 College: **Education and Professional Studies**
 Major Code: **3140**

University Core (Total Listed 42-44)

For a full list of courses see [University Core](#).

• Courses from the major may apply to the areas marked in the University Core.

• **Written and Oral Communication..... 9**

Quantitative Reasoning/Scientific Method 10-11

- Math 3
- Life Science 4
- Physical Science..... 3-4

Critical Inquiry and Aesthetic Analysis..... 6

- Aesthetic Analysis 3
- Critical Inquiry..... 3

American Historical and Political Analysis 6

- American National Government 3
- American History 3

Cultural and Language Analysis 3-4

- Second Language 4
- OR
- Cultural Analysis..... 3

Social and Behavioral Analysis..... 3

Life Skills 5

- Required Health Course 2
- Elective Life Skills 3

**Minimum
Required Hours**

Support Courses 9

- MCOM 1113 Fundamentals of Speech
- ENG 1113 English Composition
- ENG 1213 English Composition and Research

**Minimum
Required Hours**

- TESL 4232 Teaching Secondary ELs
- ^PTE 4172 Educational Assessment
- ^PTE 4533 Contemporary Learning Sciences
- ^#PTE 4811 Contemporary Issues
- ^#PTE 4848 Internship/Student Teaching PK-12
- ^#PTE 4853 Classroom Management and Instruction

^ Admission to Teacher Education required
 #To be taken the same semester

Major Requirements

Physical Education/Health 49

Required Theory 41

- HLTH 1112 Healthy Life Skills
- HLTH 2113 Introduction to PK-12 Health
- HLTH 2212 First Aid with Cardiopulmonary Resuscitation
- HLTH 3103 Teaching PK-12 Health Concepts
- HLTH 3223 Applied Anatomy
- HLTH 3493 Physical Treatment of Athletic Injuries
- PHED 2013 Introduction to Physical Education/Health
- PHED 3023 Adapted Physical Education
- PHED 3192 Instructional Techniques for Movement
- PHED 3303 Physical Education in the Elementary School
- PHED 3333 Mechanical Principles and Analysis of Movement
- PHED 3503 Physiology of Exercise
- PHED 3522 Fitness Applications for Physical Education
- PHED 3533 Measurement and Evaluation of Health and Physical Education
- PHED 4533 Motor Learning and Development

Required Activity 8

- PHED 1402 Fitness Development and Assessment
- PHED 1432 Techniques of Teaching Skills & Activities I
- PHED 1462 Techniques of Teaching Skills & Activities II
- PHED 2792 Rhythmic Movements for PK-12

Professional Education 28

- PTE 1010 Introduction to Teacher Education
- PTE 3023 Foundations of American Education/Clinical Exp
- PTE 3163 Developmental Psychology
- ^PHED 4303 Methods of Teaching Physical Education in Secondary Schools
- TESL 4222 Teaching EL in Grades PreK-8 OR

Electives to bring total to..... 124

Minimum Graduation Requirements

1. Overall GPA in all college course work 2.50
2. Average in course work at UCO 2.00
3. Courses in English Composition, Fundamentals of Speech, Professional Education, and area of specialization (major)..... "C"
4. Proficiency in foreign language Novice 4 level