**University Core (Total Listed 42-44)**

For a full list of courses see [University Core](#).

- **Written and Oral Communication** ......................................................... 9
- **Quantitative Reasoning/Scientific Method** ........................................... 10-11
  - Math ................................................................................................. 3
  - Life Science ...................................................................................... 4
  - Physical Science ................................................................................ 3-4
- **Critical Inquiry and Aesthetic Analysis** .............................................. 6
  - Aesthetic Analysis ............................................................................. 3
  - Critical Inquiry .................................................................................. 3

**Minor Requirements**

<table>
<thead>
<tr>
<th>Major Requirements</th>
<th>Required Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Kinesiology - Outdoor and Community Recreation</strong></td>
<td>76</td>
</tr>
</tbody>
</table>

**Required Core** ........................................................................... 24

- **Required Courses**: HLTH 1112 Healthy Life Skills
- HLTH 2212 First Aid with Cardiopulmonary Resuscitation
- HLTH 4103 Human Development
- KINS 2643 Introduction to Kinesiology Studies
- **KINS 3403 Principles in Leadership Development**
- KINS 3623 Program Design and Management
- KINS 3713 Research and Evaluation
- KINS 4252 Legal Aspects of Leisure Services and Fitness Programs
- KINS 4433 Management Principles

**Required Theory (Additional Recreation courses)** ......................... 36

- HLTH 3223 Applied Anatomy
- HLTH 3453 Group Dynamics
- HLTH 4523 Health and Aging
- REC 2402 Outdoor Recreation
- REC 2433 Outdoor Pursuits
- REC 2812 Camp Administration and Programming
- REC 3433 Community Recreation
- REC 3513 Facility Management
- REC 3702 Wilderness First Aid
- REC 3803 Tourism and Recreation
- REC 4363 Therapeutic Recreation
- **REC 4900 Practicum in Recreation (2 hours)**
- REC 4950 Internship in Recreation (4 hours)

**Electives - Selected from the following courses** .............................. 13

- ENG 4023 Technical Writing
- FIN 3513 Risk Management for the Firm
- MCOM 2193 Principles of Public Relations
- MGMT 3313 Human Resource Management
- SFTY 3433 Introduction to OSHA
- SOC 3103 Juvenile Delinquency
- SOC 3403 The Family
- SOC 4053 Sociology of Aging

**Electives to bring total to** ......................................................... 124

**Minimum Grade Requirements**

1. Average in all college course work and course work at UCO: .................. 2.00
2. In courses in the major: ................................................................. “C”

For other regulations pertaining to graduation, see [Academic Degree Requirements](#).