



# STLR at UCO: STUDENT LEARNING OUTCOMES (SLOs)

## FRAMEWORK

"Understanding and application might be likened to coloring within the lines; critical thinking helps students question assumptions—to color outside the lines; transformative learning is about thinking about things in a new way and moving in new directions—creating a new picture without relying on the old lines." (Eyler, J., & Giles, D. E., Jr. *Where's the learning in service learning?* (1999). San Francisco: Jossey-Bass, p. 17)

## HEALTH & WELLNESS

### STUDENT LEARNING OUTCOMES (SLOs)\*

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#### 1. *Care of self and others*

- Consistently exhibits behaviors that promote own emotional, physical, and mental health and nurtures the same for others.

#### 2. *Goal achievement and wellness*

- Clearly articulates the relationship between health and one's capacity to meet personal, academic, and life goals.

#### 3. *Human difference*

- Consistently responds positively to the opportunities and challenges of human difference, including differences in opinion and world-view.

#### 4. *Engagement in college life*

- Consistently demonstrates positive engagement in academic and co-curricular aspects of UCO college life and can clearly articulate its importance for success.

#### 5. *Natural environment and wellness*

- Clearly articulates the essential connections between personal health and the health of the natural environment and of the community.

## 6. *Personal role in healthy community*

- Consistently exhibits behaviors that demonstrate a clear sense of personal role in fostering and sustaining a healthy sense of community that includes well-being for all.

\*Criteria from the UCO faculty-developed Health & Wellness Rubric based on the model of the AAC&U Value Rubrics, [http://www.uco.edu/central/tl/files/stlr/STLRHealthAndWellnessBadge\\_1Sept2016.pdf](http://www.uco.edu/central/tl/files/stlr/STLRHealthAndWellnessBadge_1Sept2016.pdf)  
See all VALUE rubrics at <http://www.aacu.org/value-rubrics>