What it means to be Greek?

Becoming a member of a sorority means more than wearing Greek letters on a T-shirt. It means connecting to women who share your interests and goals. It means being a part of a group that challenges you to become the best version of yourself. It means a network of extraordinary support in college and for the rest of your life. Those letters quickly become a symbol of your values and ideals ... letters you wear on your heart.

Speaking of values, service is a huge part of being Greek. Last fall alone, UCO's fraternity and sorority community collected over $50,000 to support their philanthropies and local community organizations. Scholarship is another important value to our chapters. The all-sorority average GPA in fall 2014 was 3.189 – that’s higher than UCO’s all-women GPA of 2.96 for the same semester. Your Greek experience also offers opportunities to develop as a leader and connect with other campus involvement opportunities.

With your sisters by your side, you can make the most of your Central experience!
Table of Contents

What it Means to be Greek ............................................. 2
Alpha Delta Pi ............................................................... 4
Alpha Gamma Delta .......................................................... 5
Alpha Xi Delta ................................................................. 6
Delta Zeta ..................................................................... 7
Sigma Kappa ................................................................... 8
Registration & Fees .......................................................... 9
Recruitment .................................................................... 10
Recruitment Terms ......................................................... 11

Contact Info

100 N. University Dr., Box 112
Edmond, OK 73034
(405) 974-2580
panhellenic@uco.edu

Visit the Office of Fraternity and Sorority Life in the
Nigh University Center, Room 422, or visit our website
at www.uco.edu/fsl.

All chapter information and requirements are subject to change.
Alpha Delta Pi women follow 164 years of traditions. We emphasize the four points of our diamond shaped badge. First, sisterhood: growing closer together makes us closer to the women we wish to be. Second, service: giving back to both our national philanthropy, The Ronald McDonald House Charities, and the community around us. Third, scholarship: growing in not just academics, but pushing ourselves to our highest capability. Fourth, self-development: we believe following these guideposts will lead to the achievement of a rich and useful life. Our motto, “We Live for Each Other,” exemplifies the true meaning of fraternity. By living this motto, our lives are enriched by true friendships and by unselfish service to mankind. Being the newest Panhellenic organization at the University of Central Oklahoma allows us to start our own traditions, while following our national traditions as the organization that coined the word sorority in 1851.

**Chapter:** Theta Xi

**Philanthropy:** Ronald McDonald House Charities

**Dues:** $160/month, $200 one-time new member fees, house rent is $375

**Academic Requirement:** Minimum 2.75 GPA

**Mascot:** Alphie the Lion

**Colors:** Azure, Blue and White
Alpha Gamma Delta was founded by 11 women on May 30, 1904, at Syracuse University. Our sorority focuses on academic excellence, philanthropic giving, ongoing leadership, personal development and, above all, a spirit of loving sisterhood. Since our founding, collegiate chapters have been installed at 185 colleges and universities across North America, and more than 160,000 women have become Alpha Gam sisters. Guided by our Purpose, Alpha Gamma Deltas strive to attain a higher standard, thereby improving their lives, the lives of those around them and the communities in which they live. Together, we continually work to inspire women to impact the world.

Alpha Gamma Delta has been at the University of Central Oklahoma for more than 50 years. We have maintained strong campus involvement and a deep-rooted sisterhood. As a result, Alpha Gamma Deltas strive to maintain excellent scholarship, educate the UCO community about our philanthropy and raise outstanding funds each year, and watch our sisters flourish while obtaining prominent leadership roles on campus.

Chapter: Epsilon Nu

Philanthropy: Alpha Gamma Delta Foundation, benefiting diabetes research, scholarships, and leadership opportunities for members; and The Leadership Institute

Dues: $200/month, $235 one-time new member fees, house rent is $464

Academic Requirement: Minimum 2.5 GPA

Mascot: Squirrel

Colors: Red, Buff and Green
Alpha Xi Delta members work to “Realize Your Potential,” helping our members do that everyday. Leadership, Knowledge, Sisterhood and Service are Alpha Xi Delta’s four founding principles. Our sisters help each other to be the best that we can. We are proud of our members and our variety of personalities. We are all so different, yet we all joined this chapter for the same reasons — to create the best sisterhood and to be there for each other. Alpha Xi’s philanthropy is Autism Speaks. This is the heart and soul of Alpha Xi. Some of the events that we host are Dance Your Boots Off, Football Frenxi, Light It Up Blue and the Autism Awareness Walk. Not only are these events super fun to host, but we raise awareness for a cause that we love so much.
DELTA ZETA

The women of Delta Zeta share a common purpose: to make life fuller, more meaningful and more rewarding. Our promise to our sorority and our commitment to enrich the world are for a lifetime. Enriching is more than a brand to Delta Zeta; it is a promise. To our members, it is the promise of friendship, personal development and opportunity. To the campus community and the world, we are valued citizens deeply committed to making a difference where we live. With more than 150 chapters nationwide and in Canada, our sisterhood is an ever-growing bond, which shines ever so brightly at the University of Central Oklahoma.

We take great pride in giving back to our national philanthropy, Speech and Hearing. We work locally with the Edmond Hearing Impaired Preschool, as well as working closely with the Starkey Hearing Foundation to provide state of the art cochlear implants and other hearing devices. We also pride ourselves on our leadership within the chapter, throughout all aspects of campus life and in the world today. Delta Zetas are seen all around the world, enriching the lives of those around them, staying true to our motto, Enriching U.

Chapter: Epsilon Upsilon

Philanthropy: Speech and Hearing (Gallaudet University, The Starkey Hearing Foundation, and House Ear Institute) and The Painted Turtle Camp

Dues: $180/month, $120 one-time new member fees, house rent is $587

Academic Requirement: Minimum 2.70 GPA

Mascot: Turtle

Colors: Rose and Green

www.uco.edu/fsl
The purpose of Sigma Kappa Sorority is to provide women lifelong opportunities and support for social, intellectual and spiritual development by bringing women together to positively impact our communities. There are more than 100 collegiate chapters in the United States with more than 147,500 members and alumnae. The women of Sigma Kappa Sorority hold a special connection through our shared values of personal growth, friendship, loyalty and service. Sigma Kappa has been an active chapter on UCO’s campus for more than 50 years. Our lifelong friendships help mold us into the women we are today by setting ourselves to a higher standard in the name of Sigma Kappa sorority. Sigma Kappa’s loyalty to each other and our communities challenge us to grow as women and leaders in the local community as well as the global community. We proudly partner with the OKC Walk to End Alzheimer’s every year, where nearly $12,000 was raised last year, ranking our Delta Chi sisterhood as one of the top five contributors.
Recruitment Registration

Online Recruitment Registration Form is available at www.uco.edu/fsl. Registration will close at 11:59p.m. on Tuesday, Aug. 18, 2015.

Registration Fee

$35 before June 30
$40 before July 31
$45 between Aug. 1-19

*All registration fees are non-refundable.

Submit your official transcript to:
Office of Fraternity and Sorority Life
University of Central Oklahoma
100 N. University Dr., Box 112
Edmond, OK 73034
RECRUITMENT

Each day of recruitment gives you more insight into each of the chapters and opportunities to meet some amazing women. As each day of recruitment passes, you will find chapters where you connect on a deeper level with the members. As the process continues, you will return to fewer houses as you and the chapters develop those deeper connections. The recruitment experience is different for everyone, but the goal is the same: to find the one chapter where you can call the members your sisters. We have five outstanding chapters on this campus. You can’t go wrong as long as your enter the process with an open heart and an open mind!

Summer Tea – 3 P.M. • Sunday, July 19, 2015
UCO Nigh University Center Ballrooms (2nd Floor)

The Summer Tea is an opportunity for the women considering recruitment and their parents or families to learn about the Panhellenic process. We’ll discuss the process of mutual selection, what you should wear, questions you should ask, popular topics of conversation, etc.

There is no charge to attend. Pre-registration is highly encouraged, but not required. The form link may be found at www.uco.edu/fsl.

Orientation – Friday, Aug. 21, 2015

The Panhellenic Executive Board and the Rho Gammas – your recruitment counselors – will be there to help explain the recruitment process and answer any questions you may have. You also will get the chance to meet the women who will go through recruitment with you.

What to wear: Casual come as you are.

Open Day – Saturday, Aug. 22, 2015

On Open Day, you will visit every chapter house. It is exciting and busy, but also a great opportunity to learn a bit about each chapter and meet the wonderful women who make up the Panhellenic community at Central.

What to wear: The official recruitment shirt provided by the UCO Panhellenic Council; comfortable, casual clothing and shoes.

Values Day – Sunday, Aug. 23, 2015

This is the day of recruitment when you will get to learn more about the values each chapter holds dear. Chapters will tell you about their philanthropies, campus involvement and community service projects. They may show a video, sing songs or perform a skit to help tell their story. Start to think about your own values and the connections you are building with chapter members as you get a sense of where your home may be. You will return to a maximum of four houses this day.

What to wear: Comfortable, casual clothing and shoes. It’s important to show your personality and style.


Preference Night is the time when chapter members share what truly makes their sisterhood unique so you can see if that sisterhood may be special to you as a new member. Chapters may share some ritual, a song or other tradition with you. Conversations will be on a deeper level this night. It’s your time to ask questions that will help you determine which chapter is the right home for you. You will return to a maximum of two houses this day.

What to wear: Professional, church, or cocktail attire; This is the most formal night of the recruitment process.

Bid Day – Tuesday, Aug. 25, 2015

Bid Day is when you will receive an invitation to membership – or a “bid” – to your new sorority! Each chapter plans a special surprise with their new sisters to welcome them home. You also will wear your new letters for the first time. Parents and families are invited to participate in Bid Day.

What to wear: UCO gear; comfortable, casual clothing and shoes.
ACTIVE: The term used to indicate a sorority woman who has been formally initiated by her chapter.

ALUMNA - ALUMNae (PLURAL): An initiated sorority member who is no longer in college.

BID: An invitation extended by only one sorority per potential new member on Bid Day; this is the formal invitation to become a new member of that sorority.

CHAPTER: The women comprising each local collegiate group of a national sorority. UCO has five sorority chapters on campus that participate in recruitment.

INITIATION: The formal ceremonies by which new members complete membership into a chapter and receive full membership privileges.

LEGACY: A woman whose mother, sister or, in some cases, grandmother or half-sister is an alumna or active member of a sorority. A sorority is not obligated to offer a bid to a legacy, and a potential new member is completely free to choose the sorority of her individual preference.

NEW MEMBER: A potential member who has accepted the bid of a sorority and has taken the first step toward full membership but has not yet been initiated.

PANHELLENIC COUNCIL: An organization composed of representatives of each sorority chapter who act as the central governing body of all sororities.

POTENTIAL NEW MEMBER (PNM): An unaffiliated woman who attends fall recruitment or participates in Continuous Open Recruitment.

RECRUITMENT COUNSELOR (Rho Gamma): A Panhellenic representative who assists PNMs during the recruitment process. This woman completely disaffiliates from her sorority to provide objective advice and support.

SORORITY (WOMEN'S FRATERNITY): A sorority is a social experience based on the fundamental right of a free people to form voluntary associations. It is one of the enrichments of college life.

TOTAL: The allowable chapter size as determined by the Panhellenic Council and includes both new and active members. Chapter total is the total number of members a chapter may recruit during Continuous Open Recruitment. If a chapter has less than total, they may participate in COR. The Panhellenic Council evaluates this number each year. It usually reflects average or median chapter size.